

May 7, 2021

Hello, Resident, families, staff and friends: Lots to share this week. So please read and enjoy!

We kick off our celebration of skilled nursing care week on **Mother's Day!** It is our Season of Love. We have schedule about 20 visits on Sunday. Thanks for working with us, we are using every space and it looks like lovely weather so we can use the courtyard and gazebo for some of our visits too. We are excited to welcome you! I will be here with Shannon Kennedy to do your screening. Etc. Remember to wear a mask to come into the center. Masks can be removed if all are vaccinated for the visit. If all are not, you must keep masks on. As we scheduled you, we know your status. Thanks for your cooperation. All our resident mother's will receive flowers and a little treat.



- Monday: **Season of Thankfulness.** It is staff appreciation day with box lunches and a gift.
- Tuesday: **Season fo Fun.** It is carnival day!
- Wednesday: **Season of Travel.** We are traveling to England, Italy, France, Egypt and Japan.
- Thursday: **Season of Crazy Together.** Wear your crazy hat!
- Friday: **Season of Team Spirit.** Showing team spirit in apparel, hot dogs, cracker jacks and rootbeer floats.

If you have a crazy hat to share with your love one or favorite team apparel, send it in. We have FUN planned.

Testing: Two changes happening. We tested 74 staff members this week. All came back NOT detected for Covid.

- 1) The positivity rate dropped to 4.9% in Manchester this week. If we stay below 5% for 2 weeks consecutively, we will move to once a month testing of staff.
- 2) We no longer will test asymptomatic VACCINATED staff members. We will only be testing NON Vaccinated staff going forward. So the numbers of staff tested will drop significantly.

Vaccinations: Our pharmacy will be scheduling a vaccine clinic in our center soon. They have the ability to offer all the Vaccines, (Pfizer, Moderna and Johnson & Johnson). We can also offer you or other family members the opportunity to receive it here as well. You must let us know of interest and which vaccine desired. Please contact Deb Bushman- Morales, our ADNS, [Debra Bushman Morales \(stt.adns@nh-cc.org\)](mailto:stt.adns@nh-cc.org). She is coordinating our vaccine clinics. Clinics will be ongoing, so if not our next clinic, just let us know of any interes.

MASKS: So we are requiring mask wearing for all who enter our center. If here for a visit, and all vaccinated and visit is in a secure location with no others, masks may be removed for the visit and social distancing is reduced. If anyone is unvaccinated at a visit, all must wear a mask and socially distance 6 feet or more.

Visits: Please, you must still call to schedule a visit. We WELCOME your visit, but we must also adhere to our core principles of Covid-19 infection prevention. This remains staff intensive, screening, test offering, etc.

Car Rides: Like visits, they are now allowed, but they too need to be schedule and we need to educate you on the risks. Remember our positivity rage of infections in Manchester is declining, but most are still not vaccinated and guidance remains to wear a mask in public busy places for all . But many people are no longer masking, vaccinated and unvaccinated. We need to ask you to help us keep our residents safe, as things open up.

Some examples and guidance:

- a car ride with only vaccinated family members and just going for a ride, not stopping anywhere. Good plan - Please still wear a mask.
- A car ride for a stop for ice cream to pick up and eat in the car or bench seperated from others, everyone vacinated - good plan – please wear a mask when not eating.
- A car ride to take home with you. Vaccinated and will only enconter vaccinated family? Good plan, but please still wear a mask.
- A car ride with unvaccinated family, *not encouraged*, but just a ride, no stops, must wear masks and open car windows. Try to keep social distance.
- A car ride to take home for a party, a mix of vaccinated and unvaccinted guests. NOT recommended. Would need to discuss any mitigation that could be used.

Generally, exposing residents to unvaccinated people in the community, who may not mask, is not the most cautious approach to our reopening. We need your assistance with this. Please just share your plan so we can offer guidance.

If we feel there is exposure, we may insist on quarentining after a ride. We will not always have that option open. So let's just talk before. Please, always be transparent, as your loved one is interacting more with others here in the center as we open up activities and dining.

Enough for this week. Stay tuned for photos of our activities that we will post on **Facebook / St. Teresa Rehab and Nursing page**. Check us out and like us there.

Have a great week, we are planning to.

Kindly,

Luanne Rogers, LNHA
Administrator

St. Teresa Rehabilitation and Nursing Center
519 Bridge Street
Manchester, NH 03104

603-668-2373 x 4680