

St. Teresa Rehabilitation and Nursing Center  
Bishop Primeau Senior Living Community  
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stteresarehabcenter.org



April 1, 2021

**Hello residents, families, staff and friends, Happy Easter!**

Spring has sprung. **We are focused on Hope, Love and Joyful Living.** We had residents help fill baskets for an Easter raffle for staff. Today staff and residents are on Easter scavenger hunts. Our Loft is now Spring filled. We received yummy Easter Cake Pops yesterday too. March had "Get up and Go" challenge where staff and residents were challenged to MOVE. We tracked daily successes and today we celebrate those successes and in April we "Keep Moving".

**We so excited to welcome you back for visits.** You may call us (Rachel) to schedule an indoor visit. At this time we can only schedule weekday visits. M-F 10 AM, 1 PM and 3 PM. We are not able to do weekends at this time, but are trying to figure it out. We must limit it to 2 visitors for each visit. We encourage you to give us a copy of your vaccination cards if you have received your vaccine. We will just keep it on file. If you and your family member have both been fully vaccinated, *you are entitled to a hug.* We hope hugs abound. We encourage you to be tested before your visit, we have the quick 15 minute test we do here. Just as we continue to test our staff, because we are all out in the community, we want to be safe. Though we have been vaccinated, it does not mean that we cannot catch Covid19 in the community. It just means we may be without any symptoms or very mild symptoms. There have been instances of vaccinated folks testing positive. We don't want to expose our residents, even though they are vaccinated. Our website has been updated with our visitation guidance. <https://stteresarehabcenter.org/covid-19-update/>

We hope the weather continues to warm us and our landscaping company will be in soon for our spring cleanup. This will include our Courtyard. We are planning some outdoor activities and visits in the Courtyard this Spring and Summer.

The positivity rate in Manchester and Hillsborough County is at 5.1% and rising again. We must remain careful, wearing our masks, washing hands, and staying away from large gatherings.

**Vaccinations:** We are partnered with our pharmacy, PharMerica. For all new admissions and staff who are not yet vaccinated we are able to offer the J & J one dose vaccine. We hope to have our first clinic with them next week.

***A quick reminder that we have allergies to Lilly flowers in the center. If you are sending flowers, please ask them not to send lilies in the bouquets.***

**Reminder, If you have any questions or concerns, please contact me or a member of my team..... Which reminds me.... We have a new Nursing leadership team in place. Let me introduce you to Molly Brann, our Director of Nursing; Deb Bushman- Morales, RN, our Asst. Director of Nursing, Staff Development coordinator and Infection Preventionist. Lauren Castellano, our clinical nurse manager, has been our steady hand through our transitions. **WE are excited to have them with St. Teresa.** Molly formerly was the DNS at Good Shepard in Jaffrey. Deb was our Nurse Liaison supporting our**

**admission process. Look for an invite, from me, to a zoom meeting soon, where you can see us all in person, via video.**

Lastly, If you were wondering where I have been, and missing my emails, I share a photo below. I was lucky enough to be on vacation and playing with my grandchildren, twins – Max and Juliette. I am back and happy to bring you our news.



Kindly,

**Luanne Rogers, LNHA**  
Administrator

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