

St. Teresa Rehabilitation and Nursing Center  
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September 4, 2020

Happy Labor Day Weekend! Enjoy!

**MY INNERVIEW: Giving you a heads up please.** We are once again having Satisfaction Surveys being sent to Residents and Families during the week of September 16th. They are sent directly from NCR Health – And you return to them directly. Please be looking for this survey in your mail. The surveys will go to one family member only. I can look like junk mail, but truly is not. Please be on the lookout. I thank you in advance for completing the survey and sending it back. You will have an opportunity to share your thoughts on how we have managed through this pandemic. Your feedback is important.

**TESTING:** We tested every staff member again on Wednesday 9/3. Also 6 residents. We are waiting for all results from Wednesday's testing. All recent tests have been negative this far. Our Next test date is Saturday 9/12.

Reminder: This Surveillance testing dictates the phase of reopening we are at. If we have any Positive staff or residents, we will need to follow our DPH guidance which may mean we can bounce from Phase to phase based on testing results. We can go back to 0 or 1. We can move to phase 2 and are in the planning stages that adds inside visits.

If Hillsborough County spikes with active cases and we go from our current 29 per 100,000 to greater than 50 per 100,000, we will go back to phase 0, No outside visits or visitors. To move to phase 3, the incidence of active cases in our county needs to be below 10 / 100,000 and St. Teresa cannot have any active cases and we will have to have been in Phase 2 for 2 weeks. This is the interactive map to watch. <https://www.nh.gov/covid19/dashboard/map.htm#dash>

**Visitations: Please remember all visits need to be scheduled. Outside, Window in living room, video. All require staff support.**

We are currently in transition to Phase 2. We are working on getting things in place to move fully to **Phase 2 around September 14th**. Outside visits will continue and allow 2 visitors as long as weather allows.

**Phase 2 updates:** The state is allowing nursing homes to ease certain restrictions, *as each facility is able to*, which includes limited inside family visits and limited vendors.

**The guidelines for inside visits includes each resident / family chose 1(one) essential support visitor.** This is the **only visitor that will be allowed for inside visits** – this person cannot change from one visit to the next! This is the CMS / Public health guidance, not our option. Please do not ask us to change this or modify it. We cannot. So I encourage you to talk and when you have decided, please advise us who the Essential Support visitor will be. We will need to record who is

the essential support person is. **We have begun collecting names September 1st.** Also these visits will need to be scheduled, screened, and monitored by staff member.

**The restriction to just one consistent visitor limits the number of “visitors” that can bring in community spread.**

We are using out dining room for group activities now. We are planning on using the Living room for inside visits beginning the week of 9/14. Again inside visits are for the one essential support person and cannot change. ***We plan on continuing the outdoor visits as long as possible so 2 visitors can attend.***

**Beginning the week of 9/14 you will be able to schedule either an outside or inside visit (need to know essential support visitor). All visits must be.**

We have hired a new hairdresser who will be in orientation the week of September 14th.

For now outdoor visits, window visits and virtual visits will continue as they have been. Thank you for your patience as we have reviewed things to ensure everyone’s safety as we begin to reopen. Please understand that is a complicated process for us to implement. All visits require significant processing, scheduling and staff time. For the safety of our residents, visits will be under very controlled circumstances.

Kindly,

A handwritten signature in black ink, appearing to read "Luanne Rogers". The signature is fluid and cursive, with a large, sweeping initial "L" and "R".

Luanne Rogers  
Administrator