

St. Teresa Rehabilitation and Nursing Center  
Bishop Primeau Senior Living Community  
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stteresarehabcenter.org



March 23, 2020

Hello Families,

We are healthy, our Influenza A has resolved and we appreciate your support. We remain in constant communication with Department of Public Health, CDC, CMS and are following their guidance on Covid-19. We continue to screen all staff. **We must continue our NO Visitor policy and no communal activities and dining per our Guidance.** Remember we have tablets for video chats. I will keep you posted on any news as it develops.

Here are some of the things we are doing INSIDE.

- It was nice enough for some one on one walks through the Courtyard.
- We planned a house-wide trivia contest, Trinity vs. Bridge. Fun for residents and staff together.
- We set up our long back hallway for The Way of the Cross for Residents to take turns with us praying the Stations of the Cross.
- We are doing Sing-a-longs with the Karaoke machine in three separate sessions. Hoping to draw more and more folks at their doorways. Everyone sings along.
- We're on our fourth week of activity isolation. Puzzle books, coloring materials, magazines, books, Rosary in the room, nail polish in the room, hand massage in the room have been going on continuously. Arts & Crafts kits in the room, as able.
- Culinary has provided us with "special" snacks and drinks in addition to the snack cart. We've had frozen banana sundaes, Root Beer Floats, fresh popped popcorn, popsicles, cranberry "cocktails", yogurt parfait and St. Patty's Day green drinks.
- Room/door decoration for St. Patrick's Day. Now we will move to Easter decorations.
- We delivered fresh flowers to every room that had been donated.
- We've done one-on-one exercise programs in the rooms and balloon toss for exercise.
- We are working on a Music and Memory assessment for each resident so that music favorites, like our radio listening, can ease our souls.

Kindly,

A handwritten signature in black ink that reads "Luanne Rogers". The signature is fluid and cursive, with a large initial "L" and "R".

Luanne Rogers  
Administrator