

Menu

Alternatives available on request.
Menus subject to change.



Breakfast	Lunch	Dinner
SUNDAY		
Assorted Juices Hot or Cold Cereals Pancakes with Syrup Danish and Yogurt	Pot Roast with Gravy Baked Potato Peas or Cauliflower Pie Du Jour <i>Alt: Garlic Herb Chicken and Gravy</i>	Potato Soup Chicken Tender Plater French Fries and Dipping Sauce Cookies <i>Alt: Tuna Salad Sandwich</i>
MONDAY		
Assorted Juices Hot or Cold Cereals Scrambled Coffeecake and Yogurt	Sweet & Sour Meatballs with Fried Rice Corn or Green Beans Pear Crisp Whipped Topping <i>Alt: Spinach and Ricotta Ravioli</i>	Vegetable Rice Soup Egg Salad Plate with Dinner Roll Lettuce and Tomato Pineapple Tidbits <i>Alt: BBQ Chicken Sandwich with Fries</i>
TUESDAY		
Assorted Juices Hot or Cold Cereals French Toast Muffin and Yogurt	Lemon Crumb Haddock Parslied Potatoes Mixed Vegetables or Broccoli Chocolate Cake <i>Alt: Salisbury Steak with Gravy</i>	Tomato Soup Grilled Cheese Potato Salad Fresh Fruit Cup <i>Alt: Steak and Cheese Sub</i>
WEDNESDAY		
Assorted Juices Hot or Cold Cereal Scrambled Egg Danish and Yogurt	Stuffed Peppers with Marinara Wax Beans or Vegetables Cookie <i>Alt: Chicken Marsala</i>	Italian Sausage and Pasta Bake Tossed Salad with Dressing Jell-O with Whipped Topping <i>Alt: Seafood Salad on Roll</i>
THURSDAY		
Assorted Juices Hot or Cold Cereals Pancake with Syrup Muffin and Yogurt	BBQ	Chicken Noodle Soup Turkey & Cheese Sandwich Caesar Salad Strawberry Cream Pie <i>Alt: Ham Salad Sandwich</i>
FRIDAY		
Assorted Juices Hot or Cold Cereals Scrambled Egg Muffin and Yogurt	Oven-baked Cod Steamed Rice Asparagus or Cauliflower Ice Cream <i>Alt: Stuffed Shells with Marinara</i>	Fish Chowder Fried Fish with French Fries and Cole Slaw Chocolate Pudding with Whipped Topping <i>Alt: Fruit and Cottage Cheese Plate, Banana Muffin</i>
SATURDAY		
Assorted Juices Hot or Cold Cereals Scrambled Egg Danish and Yogurt	Hot Dog on a Roll Baked Beans Fresh Fruit Cup <i>Alt: Chicken Alfredo over Pasta with Vegetables</i>	Vegetable Soup Chicken Cutlet on a Bun Lettuce and Tomato, Potato Salad Mandarin Oranges <i>Alt: Egg Salad on Wheat Bread</i>